Capital BlueCross News and Journal

Capital BlueCross and Coordinated Health Collaborate to Deliver High-Quality, Affordable and Accessible Medicare Healthcare

Collaboration will boost Medicare options for consumers in the region

Two of the most recognized healthcare brands in Northeastern and Central Pennsylvania, Capital BlueCross and Coordinated Health, have come together to improve healthcare options for Medicare beneficiaries. This relationship aligns their missions to provide a high-quality, accessible, and more affordable healthcare experience.

"Living in the communities in which we serve, we understand the need to deliver accessible and affordable community-based care for Medicare beneficiaries," said Debbie Rittenour senior vice president of government programs at Capital BlueCross.

Capital BlueCross family of companies offer Medicare plan options for 2019 featuring low out-of-pocket costs and expanded benefits. The locally-based health insurer's BlueJourney PPO plans are available to Medicare-eligible individuals within its 21-county Pennsylvania service area.

<u>Coordinated Health</u> is an integrated healthcare network with locations throughout eastern Pennsylvania and western New Jersey. The company employs more than 1,400 highly skilled personnel across 18 multi-specialty medical campuses, including two hospitals, two ambulatory surgical centers, six walk-in care centers and an inpatient rapid recovery suite.

By working together, Capital BlueCross and Coordinated Health can better address the need to provide an endto-end solution for affordable healthcare, while improving access, quality, and affordability for Medicare beneficiaries.

"Expanding access to high-quality healthcare is one of our highest priorities," said Amy Nyberg, President and Chief Operating Officer of Coordinated Health. "Our collaboration with Capital BlueCross enables more patients to access our high quality care at a low cost, giving them greater choices for specialty care, close to home."

"Caring for our community is at the forefront of what we do." Rittenour said. "We are focused on the individual, and eliminating the confusion in the open enrollment process. Our <u>informational seminars</u> help people choose the best option for them and we encourage anyone who is eligible for Medicare to reach out to us for assistance."

Capital BlueCross family of companies offer three BlueJourney HMO plan options and two BlueJourney PPO plan options. Features common to many of the plans include:

- Affordable monthly premiums (BlueJourney HMO plans with premiums as low as \$0)
- One of the area's largest networks of doctors and hospitals
- Primary care visits as low as \$5
- No deductibles to satisfy before medical and prescription drug benefits begin
- Monthly allowance for over-the-counter (OTC) drugs for all individual plans
- Expanded dental benefits with an annual allowance of \$2,000
- Routine vision and hearing benefits including a hearing aid allowance
- 100% coverage with no copays for preventive screenings and immunizations, including pneumonia and flu shots

BlueJourney HMO and BlueJourney PPO plans also include:

- Free membership at a Silver&Fit® fitness club or two free Silver&Fit® home fitness kits
- 24/7 access to Nurse Line, which connects customers to a Registered Nurse or to recorded information on more than 1,100 health topics

Following the initial enrollment period, the Centers for Medicare and Medicaid Services (CMS) annual enrollment

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period, October 15 to December 7, allows individual Medicare beneficiaries to enroll in or change a Medicare Advantage or Part D plan with a January 1, 2019 effective date.

Throughout the annual enrollment period, Capital BlueCross is offering free informational seminars to help Medicare beneficiaries understand their Medicare options. To find and register to attend a seminar, visit CapitalBlueMedicare.com or call 800.990.4201 (TTY: 711). A sales person will be present with information and applications. For accommodation of persons with special needs at sales meetings, beneficiaries should call 800.990.4201 (TTY: 711).

Medicare beneficiaries also can visit a Capital Blue store to meet with a representative in person. Locations and hours are available at <u>CapitalBlueStore.com</u>.

Capital BlueCross' BlueJourney HMO and BlueJourney PPO plans also can be purchased through one of the company's licensed brokers or agents.

Important Information for Medicare Beneficiaries

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or co-payments may change on January 1 of each year. You must continue to pay your Medicare Part B premium.

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